

# Centenary Snippets

## Sports days

Throughout the past 100 years students have participated enthusiastically in all aspects of sport. In earlier years Graham Burrows instructors visited most schools at a cost of 6 pence per student to lead students in a half hour lesson each week in drill. No, this is not a spice! Drill lessons consisted of warm ups, stretches and fitness activities that were done to music. Sometimes sticks were held and waved in unison. This was a very competitive activity between schools. How many of our parents/grandparents remember these activities?

Most of us remember the fun we had taking part in three-legged races, sack races, egg and spoon races etc. These traditions have continued here at St Francis Xavier with many more additional activities. Sports days are planned for maximum participation and today all students participate in a circuit of activities as well as age sprints and relays. Students in the upper classes are involved in shot put, javelin and long jump.

Many students participate at Central District level every year and many go on to Metropolitan and State titles. St Francis Xavier school can be proud of past students who have represented our country in a variety of sports.



*Sports days throughout the years at St Francis Xavier*